

The symposium **Arthroscopia 2020** could not take place due to the Corona pandemic...

We hope to meet for the **16th symposium "Arthroscopia 2021"** in Ciego de Avila (central Cuba) in **April 2021**.

You are cordially invited to participate either as a colleague having Cuba-experience or as a newcomer!

Program:

- Tuesday: Precourse
- Wednesday: 1st day of symposium with clinical sessions, lectures, live-operations & workshops. New: Parallel session (whole day): Diagnostics & Imaging
- Thursday: 2nd day of symposium with lectures, live-operations & workshops
New: Parallel session (morning): Physiotherapy
- Friday: Excursion and social activity
- Saturday: Bike race with local bicycle club "Roberto Castañeda"

Main topics Shoulder: 1. Instability update 2. Postop rehabilitation

Knee: 1. PF instability & leg axis 2. Postop rehabilitation

Other topics Hip, Ankle, Elbow and Wrist arthroscopy